

SATURDAY 4TH OCTOBER 2014 • KICK-OFF 3PM











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MATCHDAY MAGAZINE

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FROM THE DUGOUT

KEVIN NUGENT

Good afternoon everyone and welcome back to E10 for this afternoon's game against Swindon.

Firstly I'd like to welcome Mark Cooper and his Swindon team who are off to a good start this season and will provide a really tough test this afternoon.

We need to get our home form up and running and I want to see a reaction from the players this afternoon following the defeat here against Rochdale last week

I thought we were very bright and positive in the first half and went in at half time deservedly in front. The second half though was bitterly disappointing as we switched off twice and paid the price against 10 men for two lapses of concentration. It wasn't the first time we have made errors like that and we need to eradicate those sort of mistakes from our game.

It's still a great group of players though who I know can turn it around and will give it their all this afternoon. I'd also like to thank you for your support here at home in the last couple of games as despite the results, you have stuck by us which has been fantastic.

On a positive note, it's been good to have no midweek game and spend a full week training with the players. The extra break has allowed us to help one or two that are carrying niggles overcome them, whilst also it has given us a chance to prepare as thoroughly as possible for today's game and the lads have been very responsive.

We had hoped that our injury problems had started to ease but we were all devastated to see Lloyd James suffer a broken leg here last week. Lloydy is a fantastic pro who will be itching to get back and we are all behind him, wishing him a speedy recovery.

Enjoy the game and stay behind us.

Kevin Nugent

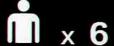


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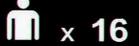
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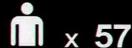












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PRESTON GAME REARRANGED

The Sky Bet League 1 home fixture with Preston North End has been rearranged for Tuesday October 28th, 7:45pm kick-off.

Original tickets will be valid for the game and tickets for the match are on sale from the ticket office and www. leytonorient.com

FAREWELL MATT PORTER

The Leyton Orient owner and board of directors would to like to sincerely thank Matt Porter for his cooperation and willingness to stay on the board of the club during the transition period between the old and new regimes.

The agreement was limited to this period which has now terminated. Mr Porter has therefore left the board and we wish him great success in his career at Matchroom. We also trust that Mr. Porter will remain a big Orient fan going forwards.

E10 News

All the latest news from around the Matchroom Stadium...

MICKEY BULLOCK BOOK SIGNING

MICKEY Bullock, who scored a number of vital goals for the O's among the 69 he got in 307 league and cup appearances during his eight seasons with the club between 1968-76, will be making his first return visit in almost 40 years when

he attends our next home match against MK Dons.

The former striker, top scorer with 19 goals in the 1969-70 Division Three championship-winning season, will be in the Supporters' Club before and after the game signing copies of the acclaimed book, Leyton Orient: Brisbane Road Memories, which will be available to buy from the LOSC on the day and from the Club Store.

"My wife Brenda and I really enjoyed being at the Star Man dinner last May and we're very much looking forward to going back to the club on October 18 and seeing so many more familiar faces after being away for so long," says Mickey, who lives near Huddersfield. "I loved my time at Orient and still follow their results and what's happening there very closely."

In the meantime, we wish Mickey a very happy 68th birthday for Monday (Oct 6).



WELCOME TO FIRE FIGHTERS CHARIT

Today we welcome The Fire Fighters Charity who will be collecting around the stadium along with their mascot Blaze Bear for their worthy cause.

Firefighting can be dangerous, stressful and traumatic and when fire fighters suffer injury they can be laid up for

months, in pain and unable to work. Dealing with life or death situations every day often takes its toll emotionally too. Money raised will go towards supporting sick and injured at the three rehabilitation centres



to help them get back on their feet after injury as well as providing emotional support for those that require it. For more information on the charity visit www.firefighterscharity.org.uk.

PROSTATE CANCER: "WE'VE GOT YOUR BACK'

The official logo of the pioneering charity Prostate Cancer UK is being worn more than 60,000 times on players' shirts in the Sky Bet Football League this season, following a unique agreement between The Football League and its Official Charity Partner.

Within each and every number will be the charity's iconic image, the Man of Men, symbolising men of all walks of life coming together in the UK.

So what's in a number?

One in eight men are affected by prostate cancer in the UK every year while one man will die every hour.

More than 187,000 people have signed for Men United - which would fill Brisbane Road over 20 times, while representatives from clubs raised more than £210,000 completing the London to Amsterdam cycle challenge in June.

If you have concerns about prostate cancer please call Prostate Cancer UK's confidential Helpline on 0800 074 8383 or visit www.prostatecanceruk.org. The helpline is free to landlines, staffed by specialist nurses, and open from 9am to 6pm Monday to Friday with late opening until 8pm on Wednesdays.



IN OTHER NEWS...

· Swindon Town fear striker Jonathan Obika could be out for up to three months with a shoulder injury after the striker was hurt in the first half of last weekend's 3-0 win at Barnsley.

The 24-year-old has been in excellent form since joining today's visitors from Tottenham and had scored five goals in five appearances.

· Port Vale have signed Bournemouth's Stephane Zubar on a one-month loan deal. The defender had been a target for former manager Micky Adams, who resigned last month, but caretaker boss Rob Page maintained the club's interest in the 27-yearold Guadeloupe international.

Vale have also signed West Brom teenager Reiss Greenidge on loan until December and his switch to Vale Park is with a view to a permanent deal.

- · Scunthorpe United manager Russ Wilcox says he has 'never seen anything like' the club's current injury crisis in 30 years of football. The Iron boss is without seven of his preferred starting XI, and other squad members are also unavailable.
- Struggling Crewe Alexandra could receive a fee of around £300,000 from Bolton Wanderers after the Championship side signed Max Clayton on a three-year contract.

The 20-year-old striker rejected a new contract with the Alex in the summer and trained with Sunderland. Wolves and Bolton, After progressing through the academy at Crewe, the League 1 side were entitled to compensation and have agreed a deal with Wanderers.

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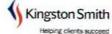


























FOOTBALL LEAGUE PARTNERS











OFFICIAL CHARITY PARTNERS









ood afternoon and welcome to today's match against Swindon Town.

I would like to say a special thank you to today's match sponsors who are First Class Facilities Management. Stuart does a huge amount for the club from a sponsorship and advertising perspective and I am sure that many of you will have seen his company logo somewhere around the stadium.



His team won our recent golf day at Crondon Park and Stuart also helps around the club in a variety of different aspects.

We have also started using First

Class Facilities Management to benefit the club and as recently as this week we have made a purchase of office furniture from them. This is a vital element of our ongoing partnerships and we are always looking to push business back to our club partners.

As a commercial team we are always looking to build new relationships, if you have a business or know someone who would benefit from some great exposure and brand awareness at a cost effective price then please contact us on 0871 310 1886 or email commercial@leytonorient. net.

Thank you for your continued support and Up The O's!

Tom Jeffes
Commercial & Business
Development Manager
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Football Club

COMMERCIAL MATTERS

SPONSORS GALLERY V ROCHDALE



Match sponsors Waltham
Forest Guardian are pictured
here with the match officials
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collecting their signed shirt
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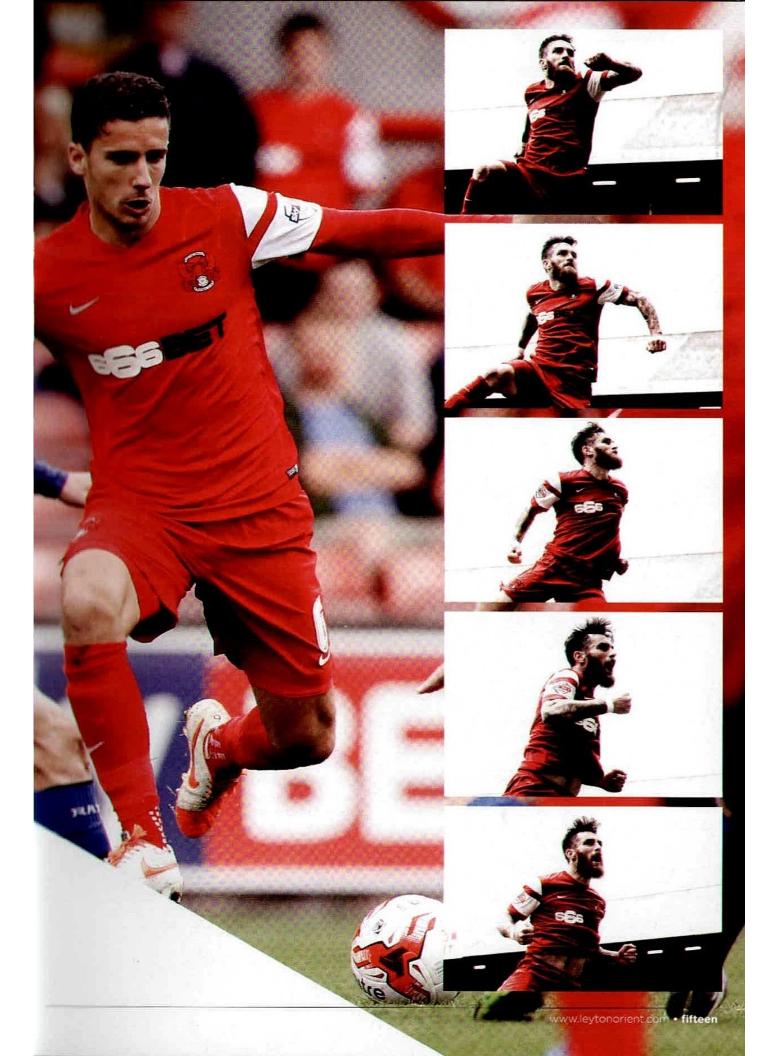
www.firstelassfm.com











GETTING TO KNOW...

LEAGUE 1

PFA FANS PLAYER OF THE YEAR In his other season at this level, Simpson won the PFA Fans' Player

Jay Simpson won the PFA of the Year in 2007-08 Simpson won the PFA of the Year in 2007-08

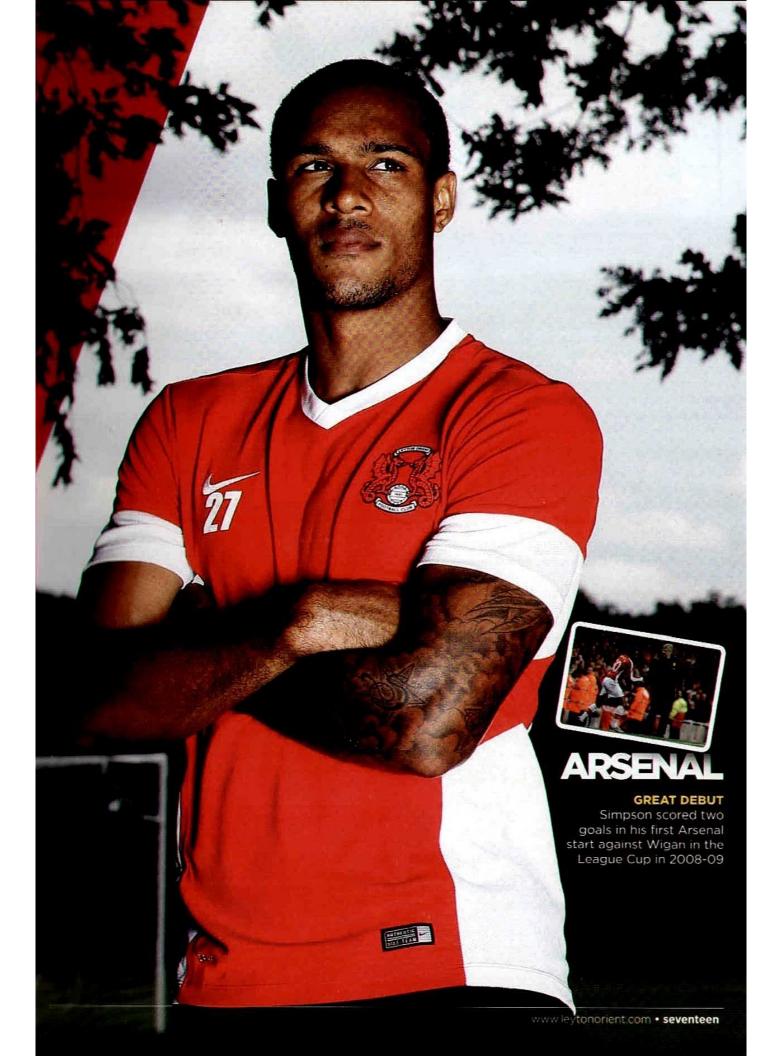
grew up in Tottenham playing on the streets and local astro-turf. I was asked to play for Haringey Borough when I was about seven and I got spotted by Norwich City who had an academy base at Potters Bar.

I enjoyed it and then one of the coaches left to go to Arsenal and took me with him. I jumped at the chance. Ian Wright was my hero when I was a kid and later on Thierry Henry so it was just what I wanted. It was funny because I grew up right near White Hart Lane and my Dad is a big Spurs fan yet I was at Arsenal. I must be one of the few people that likes to see both clubs do well.

The facilities at Arsenal are excellent as a young player and you get some unbelievable experiences but it's difficult to break through as they are recruiting world class players from all over the world. But to learn your trade, you won't find many better places and I had some great experiences. I started playing in the U18s

when I was 13 which was great for my development but also tough because at that age you want to just be playing with your mates. I also had the honour of scoring the first hat-trick at the Emirates which is a nice thing to have and came in the FA Youth Cup against Cardiff in front of a big crowd.

Arsenal constantly push you to better yourself and you get to train with some of the finest players in the world. I was lucky enough to train and play with the likes of Dennis Bergkamp, Thierry Henry, Cesc Fabregas and Robin Van Persie in my time there and to be fair they were really good at helping you and made a point of talking to you and giving you advice. They never moaned and only wanted me to do well. >







DIFFERENT CULTURE

I went to Thailand to play because I've always wanted to play abroad and at the time my kids weren't old enough to start school so it was a good time to do it without causing them too much disruption. I didn't plan to go to Thailand, I travelled to a few countries first but got invited there and was impressed with the football, the facilities and the direction it was going. It was a lot of travelling though which was hard. Sometimes you'd be away for two weeks and you'd be in a training camp for three days before a game meaning in the end it was unfair to take my family there and not even be with them. I enjoyed the culture and the people out there who were so friendly but it made me realise I wanted to play in England. I missed the passion and desire to win in England and the Thai fans were almost too happy! They sing all game even if you're losing then will clap both sets of players afterwards. I can't imagine that in England every week!

LOCAL LAD

Living locally has really helped me settle in. I've got a new baby so having the family around is a big support. I've

got two boys and a girl aged four amd two and the new baby so they are hard work! I love it though and spending time with them. I'm very much a family man and I'm so happy when I hang out with them. I'm settling well and I'm enjoying it, it's

a really good group. There's no cliques, everyone gets on with each other.

FINDING A RHYTHM

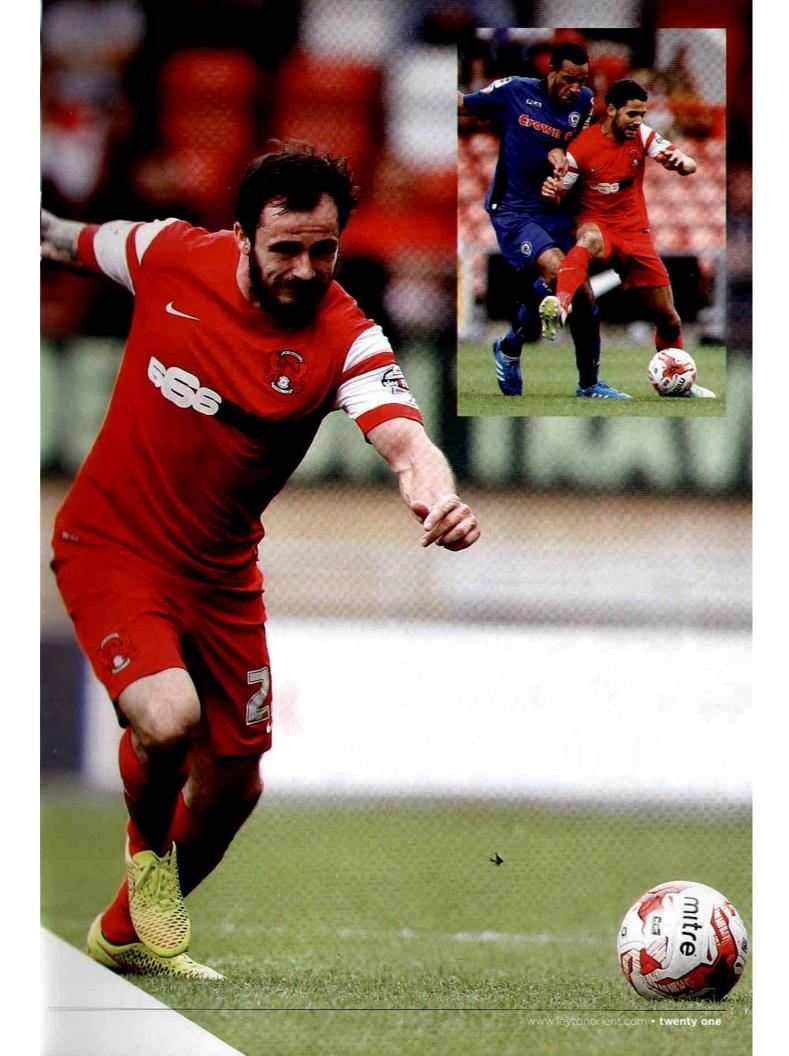
I want to play. Everyone does. There's a lot of competition in the forward line but I've got to just keep working hard and take my chance when it comes. I think I played well against Aston Villa and was due to start the game against Peterborough but my wife went in to labour so I had to miss the game which was a shame as I was starting to find some rhythm and it was a missed opportunity. For now, all I can do is keep grafting and working hard. When you're not in the side you have to give yourself the best chance for when you're called upon by working hard and putting the hours in at training. Dags (Chris Dagnall) and Hendo (Darius Henderson) deserve to be starting as they've been getting goals. All I can do is keep working hard on finishing in training and hopefully get that first goal soon. The first goal can be hard to come across but once you get one the rest follow and I think I can go on a bit of a run.

SETTING AN EXAMPLE

I've known Elliot Omozusi since we were kids. We always played against each other when he was at Fulham and then he played for Hackney and I played for Haringey so we were always rivals but then ended up playing in the same England youth team together. We've got mutual friends too. He grew up in a similar environment to me and I know he got caught up on the wrong road but that can happen and it's amazing what he's doing now and the way he's turned his life around. The more people he can help and put on the straight and narrow, the better. After football I want to work with inner-city youngsters by either coaching them or mentoring them. Growing up in Tottenham you see your friends go down the wrong path and too many areas are stuck in their ways. Kids look up to older people in the area and too many of them end up selling drugs and doing all sorts and I don't want the youth to grow up thinking that is the done thing.

I want to play. Everyone does. There's a lot of competition in the forward line but I've got to just keep working hard and take my chance when it comes."











SWINDON TOWN

Swindon arrive at The Matchroom Stadium this afternoon in third spot, just a point outside the automatic promotion places and they have made an impressive start to their League 1 campaign.

They stretched their unbeaten league run to seven games with a 3-0 win at struggling Barnsley last weekend, with all the goals coming in the second half.

Nathan Byrne opened the scoring for Swindon with a low shot into the bottom corner of the net just before the hour and then set up Jake Reeves for a close-range finish, before Andy Williams swept in his fourth goal in four games.

The victory was Swindon's fifth in the league this season and they have also drawn three games, losing just one, at Crawley Town in mid-August.

After Saturday's success against The Tykes, Robins manager Mark Cooper said: "Barnsley chose to press us full on to try and stop us playing out.

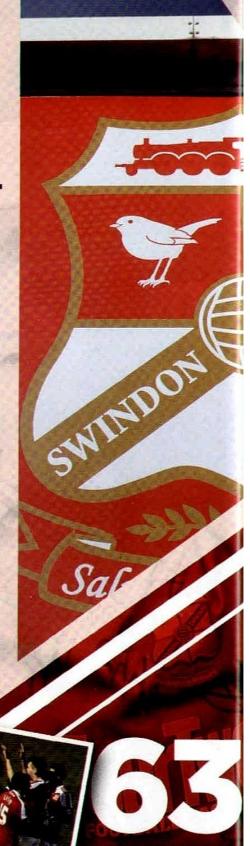
Difficult

"We knew at some point in the game their energy may go a little, because it's difficult to sustain that pressing for 90 minutes. It was important we kept playing and we kept the back door shut and waited for that moment.

"It was important we remained patient and stayed focussed and when it's time to stick the knife in you do it. It was another good day for us.

"Once it happened, and we got the first goal, it was a really good performance. I thought it was a professional display."

The win at Oakwell was Swindon's second on their travels this season in the league, as they recorded a 2-1 win at Bradford City and have drawn 2-2 at Gillingham. The Robins have also won at Luton in the Capital One Cup and Newport County in the Johnstone's Paint Trophy.



OALS

The number of goals scored by Swindon Town during their league campaign last season.

SWINDON TOWN: LAST TIME OUT

LEYTON ORIENT 2 SWINDON TOWN 0

Sky Bet League 1, Saturday, February 22, 2014 Two penalties from Lloyd James converted either side of halftime secured a deserved 2-0 victory over Swindon Town as Orient returned to the top of League 1 in the process.

> Orient were rewarded for a dominant first-half display on 42 minutes when midfielder James calmly slotted home from the spot after Moses Odubajo was fouled by Jamie Reckford.

> > Then, just seven minutes into the second half, David Mooney was dragged down to win the home side's second penalty and James stepped up to send the keeper the wrong way again and double Orient's advantage. Attendance: 5,091 (inc 765 away)

Referee: Gavin Ward

1969

Don Rogers scored twice in extra time as Swindon beat Arsenal 3-1 in the League Cup Final





1970

Two goals from Peter Noble helped Swindon win the Anglo-Italian Cup. They were 3-0 up against Napoli when the game was abandoned

SWINDON TOWN: THE GAFFER

MARK COOPER

Swindon Town manager Mark Cooper is the son of former Leeds United and England full-back Terry and, as a player, started out at Bristol City in 1987.

During a 22-year playing career he represented 17 different league and nonleague clubs, which included four loan moves and two spells with Exeter City. where he made a combined total of 138 appearances, scoring 32 goals.

He also played 39 league games for Birmingham City and 31 for Hartlepool United, as well as making a solitary appearance for Orient during the 1997-98

He joined non-league Tamworth, before ending his playing career with Hinckley United and Kettering Town and it was at The Lambs that he took on the role of player-manager and filled an identical role with The Poppies before he moved into Football League management with Peterborough United.

He left London Road in 2010 and had spells in charge at Darlington, Kettering Town and AFC Telford United before taking over at the County Ground in the summer of 2013.

1991

Glenn Hoddle became playermanager when Ossie Ardiles moved to Newcastle United



1994

The club, with John Gorman in charge, was relegated after just one season in the top flight.



2012

Swindon won promotion to League 1 under Paolo Di Canio.



STAR MAN

WES FODERINGHAM

Age 23 - No 1

The 23-year-old goalkeeper came through the ranks with Fulham's Academy before moving to Crystal Palace.

He initially joined Swindon on loan in 2011 and enjoyed a prolific start to his Town career where he didn't concede a goal in his first five games.

A string of fine performances saw him earn a permanent contract in January 2012 and went on to help Town claim the League Two championship at the end of the season in addition to making an appearance at Wembley in the Johnstone's Paint Trophy final.

GOALKEEPERS

No 25 - Tyrell Belford

The-20-year-old signed a deal with Swindon in the summer of 2013 following his release from Liverpool's Academy. He was at Coventry before the Anfield outfit snapped him up and he made his league debut here against Orient last February.

SWINDON TOWN: THE PLAYERS

DEFENDERS

No 2 - Nathan Thompson

A product of Swindon's youth academy, the 23-year-old broke into the first team during the 2012/13 campaign. A fans' favourite and a two-time Player-of-the-Year winner, he ended last season with the captain's armband.

No 3 - Nathan Byrne

The 22-year-old penned a two-year deal with Town in the summer of 2013 following a successful loan spell the previous season. He started as a trainee at Tottenham and while there also enjoyed loan spells with Brentford, Bournemouth and Crawley.

No 5 - Jack Stephens

The 20-year-old is in his second loan spell at the County Ground having enjoyed a spell in Wiltshire at the end of the 2013/14 season. He re-joined on transfer deadline day from Southampton, who paid Plymouth £150,000 for his services in 2011.

No 6 - Jordan Turnbull

The 19-year-old returned to Swindon Town on a season-long loan in the summer of 2014 from Southampton. The left-sided defender was on the books of the Swindon Town Academy before being snapped up by Saints.

No 11 - Bradley Smith

Currently on loan from Liverpool, the 20-year-old is blessed with blistering pace. Last season, he came off the bench for the Reds against Chelsea at Stamford Bridge and made his Town debut on the opening day of the season against Scunthorpe.

No 12- Amari'l Bell

The 20-year-old is on loan from Birmingham City and made his debut last weekend in the 3-0 win at Barnsley. He has featured regularly for the under-21s at St Andrew's and has had loan spells at Nuneaten, Kidderminster and Mansfield

No 23 - Jack Barthram

The versatile 20-year-old, who can play in defence or in midfield, signed in the summer of 2013, following his release by Tottenham, where he had been a trainee and recently signed a contract extension.

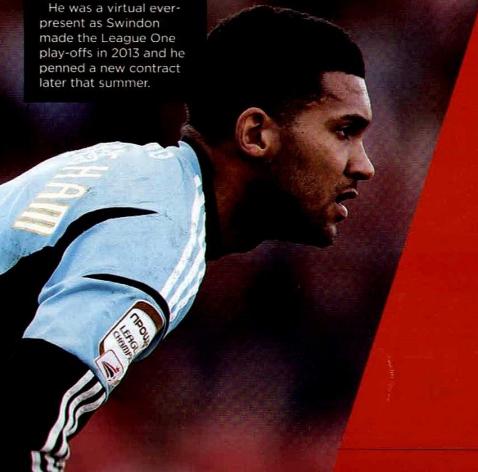
No 29 - Raphael Branco

Formerly with the academy at Brighton and Hove Albion, the 24-year-old Brazilian centre-half penned a deal with Swindon in the summer of 2013 after a successful trial period.

MIDFIELDERS

No 7 - Ben Gladwin

A former Reading Academy youngster, the 22-year-old signed for Swindon in the summer of 2013. He joined from





Marlow and had plied his trade in the non-leagues before moving to Wiltshire, making his league debut at Brentford on Boxing

No 8 - Yaser Kasim

A former player with Brighton Hove Albion's Academy side, the 23-year-old spent loan spells at Luton Town and Macclesfield town before he joined Swindon at the start of last season. He has represented Iraq at international

No 19 - Louis Thompson

The 19-year-old came through the ranks at Swindon and made his debut whilst as a first year scholar against Leicester City in the FA Cup. He was signed by Nerwich at the start of september, but is back with town on loan for the rest of the

No 14 - Jake Reeves

The 21-year-old started at futtenham before moving to literature at the age of 16 and graduated from the youth tanks at Griffin Park. He played 14 league games for the Bees and had a loan spell at AFC Wimbledon before joining Town in August.

FORWARDS

No 9 - Michael Smith

The 22-year-old signed last January from Charlton Athletic and netted twice on his debut against Shrewsbury. He started his career at Darlington and also spent time on loan with Ascrington Stanley, Newport County, Colchester United and ACC Wimbledon while he was with the Addicks.

No 10 - Andy Williams

The 20-year-old, formerly with Hereford, Bristol Rovers and Yeavil, joined Town on a two-year deal in the summer of 2012. In his first season with the Robins he notched 11 league goals. Last term, he spent time back on loan at Yeovil.

No 16 - Connor Walden

The 19-year-old Swindon-born striker is a product of the club's youth system, signing pro forms in the summer of 2013. He spent time on loan at Gloucester City and Tamworth last term, but started the final game of the season against Rotherham.

No 18 - George Barker

The 23-year-old is a product of the youth system at Brighton and Hove Albion. He spent time on loan at Barnet and Newport County before putting pen to paper on a contract at the County Ground last January and made his debut at Stevenage.

No 20 - Jonathan Obika

After a brief spell on loan at Swindon in 2011, the 24-year-old is now back in Wiltshire on a permanent deal having joined on deadline day from Tottenham Hotspur. He netted twice on his debut at Bradford and went on to score in his first four games, equalling a record set by Harry Morris, in 1926.

STAR MAN MASSIMO

LUONGO Age 22 - No 4

The midfielder joined Swindon from Tottenham on a season-long loan last summer before completing a permanent move just before transfer deadline day.

He also spent time on loan at the County Ground towards the end of the 2012/13 season and enjoyed a similar experience at Ipswich earlier in his career.

The stylish 22-yearold has won many fans during his time in Wiltshire so far, including Australian national team coach, Ange Postecoglou.

Luongo was part of the Socceroos squad at the 2014 World Cup in Brazil, the third player in Swindon's history to represent his country on the biggest stage.



GETTING TO KNOW YOU...

THEY PLAYED FOR BOTH

Craig Easton: Now 35, Easton, played a combined total of 146 league games for Orient and Swindon.

Born in Bellshill, Scotland, the central midfielder spent eight years at Dundee United, where he played over 200 league games and had a season with Livingston before moving to Orient in 2005 and was a key figure in Martin Ling's side that won promotion in 2006.

He also scored for the O's in their 2-1 FA Cup win against Premier League side Fulham and during a two-season stay at Orient made 71 league appearances, before turning down the offer of a new contract to link up with former Dundee United boss Paul Sturrock at Swindon Town.

In a three-year stay at the County Ground, Easton made 75 league appearances for the Robins before moving on to Southend United, where he was made skipper.

Promotion

After a year with the Essex side he moved back to Scotland and joined Dunfirmline Athletic, but made just three league appearances before he linked up with former Orient manage Martin Ling at Torquay United in 2012

He played 21 league games for The

Gulls, before being released in the summer of 2013. Easton also won 22 caps for the Scotland under-21 side. Other players who have been associated with both Orient and Swindon Town include, Gary Alexander, Calvin Andrew, Wayne Carlisle, Scott Cuthbert, Wayne Gray, Paul Heald, Martin Ling, Craig Maskell Alan McCormack, David Peach, Sam Parkin and Adrian Whitbread.

PastMatch

The biggest-ever winning margin between the two clubs was back in January 1933, when Orient made home advantage count and won a Division Three South encounter 7-1.



770CLUB LEGEND That is the number of league games played by **John Trollope** between 1960 and 1980. He made more league appearances than any other player in the history of the club. He was awarded an MBE and served Swindon Town in various capacities for almost 40 years as he later become manager and coach.

3,828

Willie Carson, the five times British Champion jockey, who won 17 Classic Races and passed 100 winners in a season 23 times, recording a total of 3,828 wins, was chairman of Swindon Town from 2001 to 2007.



185,609

In the 2011 census, the population of the built-up area of Swindon was 185,609, while the larger borough had a population of 209,000 - an increase of more than 16 per cent since 2001. The town contains a roundabout called Magic Roundabout.



PAST STATS

79

Orient and Swindon have met 79 times over the years in various competitions. The O's have won 29 of the encounters, Swindon have triumphed 26 times and 24 games have ended all square.

STAT

77

That is the number of fouls Swindon have conceded in league games so far this season, only Crewe and Walsall have committed fewer. Raphael Branco has given away 14 free-kicks. which is more than any of his team-mates and he has picked up three yellow cards in eight

appearances.

MAGIC MOMENT

1993

Swindon booked their place in the Premier League for the only time after winning the First Division Play-off Final against Leicester City 4-3 at Wembley. Swindon took a 3-0 lead following goals from Glenn Hoddle, Craig Maskell and Shaun Taylor. The Foxes levelled with three goals in 12 minutes before Paul Bodin scored the winner from a contentious penalty six minutes from time.

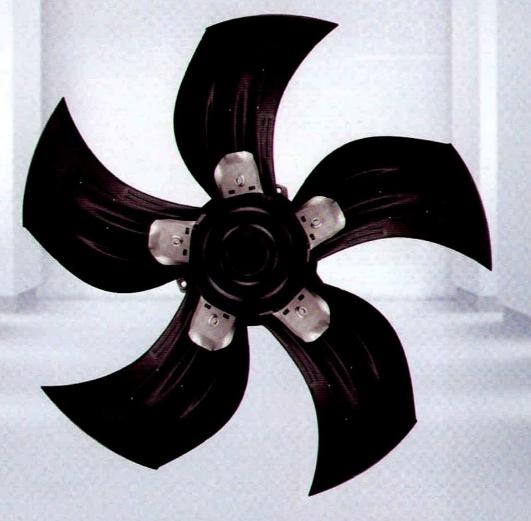
120

Swindon's home ground, where they have played for 120 years, is the County Ground, which has a capacity of 15,728.

DID YOU KNOW - £1,500,000

That is the biggest transfer fee Swindon Town have ever received when Manchester City bought **Kevin Horlock** in January 1997.

The Best Fans Come From Essex!



Supplying to the OEM market, ebm-papst UK is a subsidiary of Europe's largest motor and fan manufacturer. From small, compact electronics cooling fans to energy efficient, light industrial applications, ebm-papst is the market leader in high quality, technologically advanced air movement products. Upgrading from AC to direct replacement EC technology in your HVAC systems could reduce energy consumption by 50%.

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The engineer's choice

WE WILL REMEMBER THEM ORIENT AND THE GREAT WAR.

in this feature, we continue to look at the recruitment role played by Captain Henry Wells-Holland as footballers were encouraged to enlist in the Army to assist the war effort.



s the threat of an extended war campaign grew, it became increasingly likely that the 1914-15 season would become the final term of Football League action until hostilities ceased.

On January 2nd 1915. The O's entertained fulliam in Division Two and the home and recorded a 2-1 victory with Richard McFadden scoring both Orient goals. The fulliant inside-forward was just one of a maintain of first team regular players that had unlisted in the army.

The matchday programme carried and editorial penned by Clapton Orient baitman Captain Henry Wells-Holland, it read as follows:

The honour has been conferred upon iii of a commission as Captain in the www.Football Battalion. The duties of that presition will prevent me, with any degree of regularity, contributing to and editing our programme. I thank the readers of Oriental thirtes for so kindly tolerating the remarks that have appeared from week to week Henve the signature of "Fusilier." You will still lave an opportunity of watching Privates McFadden, Jonas, Dalrymple, Hugall and Evans on Saturdays. A kindly muderation by the War Office of their milisting being that leave shall be granted In the players, that they may fulfil their imagements with their clubs during the

If I am not in a position to continue as your editor, I shall, I hope, be able from time to time to furnish you with some sparkling reading as to the doings in camp or barracks of Parker and his brother players."

The Chairman continued with his notes to arge all people of Service age to join the Football Battalion and it was Orient who had at that time, contributed the largest number of recruits from amongst all the ribbs "Let us also hold the record for the greatest number of recruits from those who follow the game at any football ground," he

Wells-Holland, whose previous military service had ended in 1906 when he became Mayor of Hackney, had hoped that Clapton

Orient would have its own platoon in a battalion of the 17th Middlesex. Although that vision was not realised, Wells-Holland would have been delighted that 41 members of his own club, players, officials and staff, had answered the early calls to join-up.

By January 11, 1915, the Footballers Battalion had attracted approximately 600 recruits including Clapton Orient centre-forward William Jonas and Millwall goalkeeper Joe Orme who had both been sent off for fighting 48 hours earlier in the FA Cup tie between the clubs at New Cross.



Enlistment meetings continued to take place, one such event took place at King's Hall Baths, Hackney where O's President Horatio Bottomley and player Fred Parker were present to encourage more recruits.

With a number of professional footballers in their ranks, the 17th Middlesex played a series of matches to raise funds for the war effort and also to encourage more young men to join the war effort. On April 14th, 1914, the team played the Royal Naval Division at Crystal Palace with the outcome resulting in a resounding 8-0 victory for the 17th Middlesex. Clapton Orient had three representatives in the winning side, Bob Dalrymple - who scored two of the goals - Nolan Evans and Fred Parker. Three days later, the team played Hampstead Town at The Avenue in Cricklewood and won 3-1 with O's full-back Harry Reason in the victorious side



Top of the Charts

'Sunday Night at the London Palladium', 'Take Your Pick' and 'Double Your Money', all broadcast by Commercial television, attracted the largest viewing figures while the BBC's headline shows included 'What's my Line' and 'Dixon of Dock Green'.



Why Do Fools Fall In Love' by Teenagers featuring Frankie Lymon lasted three weeks at number one.



The new East Stand being erected in July 1956 and manager Alec Stock is pictured in tactics talks with his players in front of the development work.

Pictured from left to right are: Joe Mallett, Len Julians, Stan Willemse, Dave Groombridge, Jimmy Smith, Ken Facey, John Nichols, Joe Cini, Don Rossiter, Johnny Hartburn, Alec Stock and Alex Forbes.

When Orient moved into the present stadium in 1937, the Main Stand was affectionately known as "The Orange Box" because of its low capacity of just 475 spectators. The new build had been purchased from Mitcham Stadium, an excellent venue and home to a professional rugby league club, Streatham & Mitcham RLFC. They attracted crowds of over 25,000 in the opening season (1935) but the novelty wore off and the club folded by 1937. An unsuccessful attempt to form a baseball club was tried and there were also attempts to stage greyhound racing but objections from Wimbledon put paid to those aspirations.

Mitcham Stadium eventually became derelict and was demolished in 1956 but with Orient having been promoted, the club purchased one of the stands while another was bought by Brighton & Hove Albion and erected at their Goldstone Ground.

The new stand, had a overall capacity of 3,500 but only the centre and one wing were in place when it was opened for the first match of the 1956-57 campaign with 2,600 people seated. Included in the fabric of the new stand were club offices, a medical room plus other facilities.

There was a scare when a lighted cigarette was dropped on the floor before the flames were quickly extinguished. That incident left Leyton Orient chairman Harry Zussman to comment: "For years we hoped the old stand would catch fire to collect the insurance, now the new one nearly goes up on its first day!"

The final wing of the stand was added in 1962 in time for the Club's season in the First Division.



THE STADIUM STHAT ARE CONE BUT NOTF OR SOTTEN



DERBY COUNTY: THE BASEBALL GROUND

As the name suggests, the venue was originally the venue of a baseball club although the football club had played their first Football League match at the ground in 1892 when they lost 1-0 to Sunderland.

They used the stadium because there was a fixture clash at their Racecourse Ground but in 1895, the football club made the Baseball Ground their home.

Three years later, the baseball club folded leaving the football club to enjoy residence for over 100 years.



ORIENT'S RECORD AT THE BASEBALL GROUND:-

- The clubs contested 22 League matches at the Baseball Ground but the O's could only manage 5 victories with three draws while accounting for 18 of the 56 goals scored between the clubs in matches at this venue.
- February 8, 1908 Orient play at the venue for the first time and lose their Second Division match 4-0.
- December 30, 1911 Derby record what was to prove their highest victory over the O's by a 5-1 margin.
- February 20, 1915 Orient record a 3-0 win with goals from Fred Parker, William Jonas and Richard McFadden against Derby side who were to be crowned Division Two champions at the end of the season. It was to be the O's highest success on the ground.
- January 20, 1962 Dave Dunmore converts a penalty and Malcolm Graham scores a goal to give the visitors a 2-1 victory on their way into Division One.
- December 15, 1984 The two clubs meet in the East Midlands for the final time and the Rams win the Third Division clash 1-0.

· World War II

The Osmaston Road stand suffered bomb damage which ended ideas of building a multi-purpose stadium.

1969

A new East Stand was built and in this year, a ground record attendance of 41,286 for the match with Tottenham Hotspur played on September 26th was recorded.

33,000

The Taylor Report some years earlier had set a reduced capacity of 18,000 forcing the Rams to seek pastures new and they moved to the 33,000 capacity Pride Park in 1997.

MEMORYLANE

2003

The ground was finally demolished.



THE NEW STADIUM:

PRIDE PARK STADIUM



Derby County moved to the their new home in 1997, which holds 33,597.

May 1st 1972

A memorable moment when Derby County clinched the First Division title after they beat Liverpool 1-0.

- May 11, 1997

The final Football League game at the Baseball Ground when Arsenal won 3-1.



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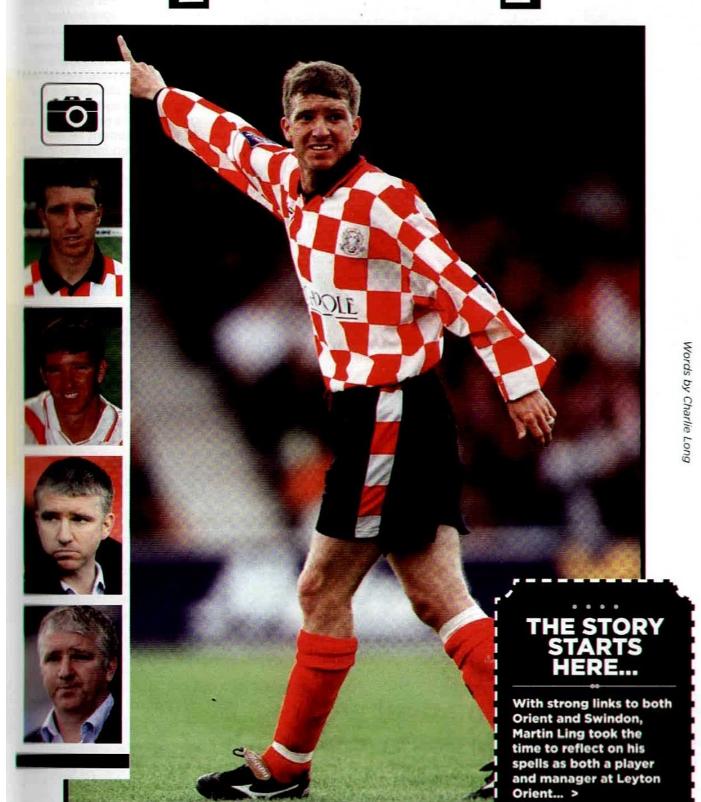
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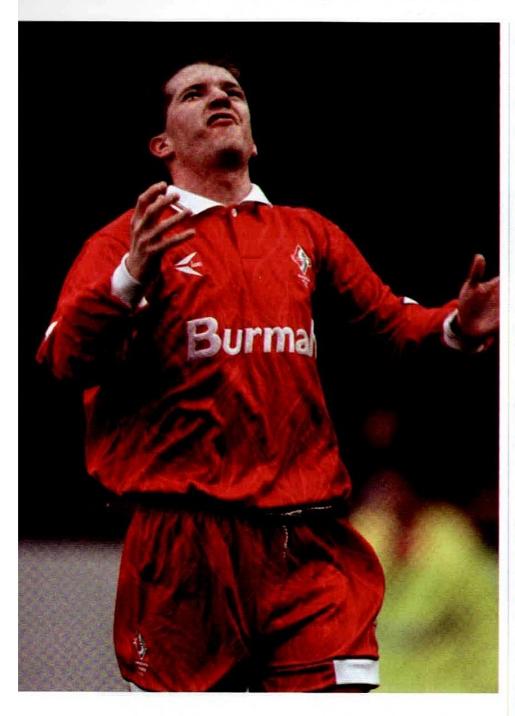
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RETRO

MARTIN LING

ORIENT





"Time was running out and the results weren't going for us but the change around with Northampton scoring and us scoring in that mad minute was spectacular for everyone involved."

Having established himself in the higher divisions of English football whilst playing for Swindon Town, Martin Ling signed for Leyton Orient on a free transfer in July 1996.

"I had been at Swindon where I had enjoyed a good five years but was deemed to be surplus to requirements by Steve McMahon. who was the manager at that time. During the summer I spoke to a few clubs with Orient being one of them and if I'm totally honest they were most persistent. with Pat Holland chasing me for nearly the whole summer. Even though I was a bit reluctant at the start, the blueprint he had for taking the club forward with Barry Hearn appealed to me and it seemed the right thing to do," said Ling.

Despite arriving at Brisbane Road with experience from playing in the Premier League, Ling endured a tough first season as Orient sacked Pat Holland following a poor start and hired Tommy Taylor as his replacement.

Struggled

"If I'm honest the first season I struggled to adapt from playing in the top two leagues to then playing in Division Three. We struggled as a club with Pat Holland only being in the job until about October and Tommy Taylor came in."

The following season Ling flourished under Taylor and was ever-present in the O's side, playing in all of Orient's 52 matches and was included in the PFA Third Division Team of 1998 earning himself a new two-year contract.

"A lot of the reason to why I found the first season so tough was because I was travelling from Swindon two or three times a week, but in the second season I felt a lot more settled as we had moved down to Broxbourne. It was unbelievable to be named in the PFA team of the year and I was delighted to be offered a new deal by Tommy."

The O's then came within a whisker of promotion a year later as they reached the Play-Off final against Scunthorpe United at Wembley but fell short, as they were defeated 1-0.

"My second and third seasons at the club were my best two seasons, it was great to make the May-Off final but just missing out on promotion was a hard pill to swallow at the time."

Ling went on to make 18 appearances in his final season as a player at Orient, scoring his final goal in an O's shirt against Notherham in November 1999 before signing a short-term deal with Brighton in March 2000.

On the day I left the club formy Taylor said that there was a coaching job for me in the number if I felt that I had had enough of playing football, and offered me a two-year contract as the manager of the under-19's."

Returned

Three months after his departure Ling returned to Orient to take up the offer as the under-19's manager and his time with the



Born: 15 July 1966 (West Ham) Position: Midfield Other Clubs: Exeter (Trainee) Swindon Town (1986) Southend United (1986-91) Mansfield Town (1991 - loan) Swindon Town (1991-1996) Leyton Orient (1996-2000) Brighton & Hove Albion (2000) Orient Appearances: 197 (10 goals) Managerial Career: Leyton Orient (2003-2009) Cambridge United (2009-2011) Torquay United (2011-2013)

youth team proved to be a great success as they lifted the FA Alliance Cup in April 2001, and Ling soon moved up to first team affairs as assistant manager before being made caretaker manager in September 2003.

"Going from a player, to youth coach, assistant manager and then caretaker manager was strange but from the minute I was given the role I made sure I gave it my best shot. It was difficult but you are chucked into it straight away as caretaker manager and the rest is history."

In May 2006 Ling wrote himself in to the Orient's history books as he guided the O's to promotion from League Two in dramatic fashion at Oxford United, a day which the 48-year-old classes as his best day in football.

"I have been involved in football for 32 years and it's still the best day I have ever had in the game. Time was running out and the results weren't going for us but the change around with Northampton scoring and us scoring in that mad minute was spectacular for everyone involved. Oxford was definitely the pinnacle of my career."

Soccer Schools

After leaving Orient in 2009, Ling went on to have stints as manager of Cambridge United and Torquay and currently runs his soccer school Lings Elite, as well as working as a scout and coaching non-league sides AFC Hornchurch and Wormley.

The Ling name remains firmly attached to Leyton Orient to this day, with Martin's son Sam the captain of the O's under-18's side and the defender was named amongst the substitutes for Orient's trip to Peterborough United in the Johnstone's Paint Trophy earlier on this season.

"Seeing Sam as the under-18's captain and in and around the first team is a bit surreal really. Matt Porter said something to me last season which surprised me, if Sam does make an appearance for the first team we would become the first ever father and son combination to play for the O's."

WE'VE GOT YOUR BACK





#MenUnited



Our iconic 'Man of Men' is featured in the squad numbers of every Football League player's shirt this season - representing a united front in the fight against prostate cancer.

Search 'Men United' and join our team.



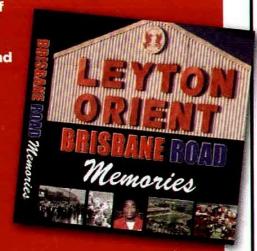


Men United v Prostate Cancer We can win this

MICKEY TO RETURN!

A special guest of the club for the forthcoming home game v MK Dons

will be one of O's favourite players from the 1960's and '70's, Mickey Bullock. Mickey will be in the Supporters Club before and after the game to meet O's fans and to sign copies



of Tony McDonald's excellent book Memories of Brisbane Road.

Be sure to come in and say hello to this well remebered and well liked player from seasons past.

O'S AWAY TRAVEL

Saturday October 11

SHEFFIELD UTD

Leaving the O's at 9.00am

- Adults £28
- · Juniors/Seniors £25

Tuesday October 21

DONCASTER ROVERS

Leaving the O's at 3.00pm

- · Adults £30
- Juniors/Seniors £27
- Book at the Supporters Club on matchdays or call the travel line on
- 07722 135970 or email losctravel@yahoo.com
- Concessions apply to age16 and under/60 and over
- Non members surcharge of £3 applies to adult category fares

Catch up with all the latest news and goings on at the Leyton Orient Supporters Club...

THESUPPORTERSCLUB

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Keep in touch with what's happening at the Supporters' Club on... www.orientsupporters.org





On our facebook page www.facebook.com/ lofcofficial we've been asking you to pick out your Orient cult heroes and give your memories of them...

ondly remembered by
O's fans for bullying
his way through the
Arsenal defence and firing an
89th minute equaliser to force
an FA Cup fifth round replay at
the Emirates, Jonathan Téhoué's
name was etched into the Leyton
Orient history books after that
goal.

Téhoué built a reputation as a 'super-sub' during his time in E10, with 54 of his 77 appearances coming from the bench, but the striker scored some crucial goals for Orient during his two-and-a-half years with the Club.

"It felt like time stood still when the ball flew in the Arsenal net. Never heard a noise like it. They are the moments that make being a football fan so special" Jake Doughty

"He had the most awful powder blue suit which he'd wear to matches. One of the most colourful characters we've had at the club for years!" **Dave Cook**

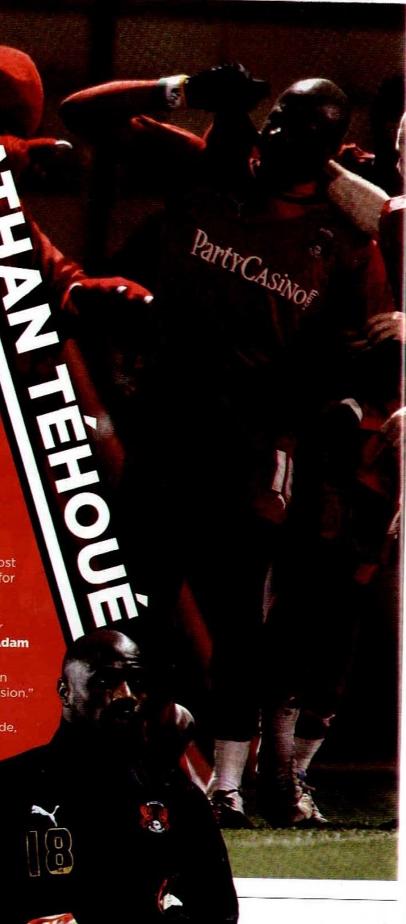
"That game against Bournemouth at home when he single-handedly tore through their defence and scored two in about 5 mins" Adam Sampson

"On his day he was brilliant to watch, him an M'Poku got us out of trouble on many occasion." Vince Howard

"When he went missing, quite literally.... Slade, Nugent, Dearden looking for him on the touchline only for him to not be there.... After a few minutes Jon comes running out the west stand toilets after being caught short with management beckoning him back to make a

forty two . www.leytonorient.com

substitution." Dean Johns





THE YOUTH DEPARTMENT ON THE ROAD WITH THE U18S

	FOOTBALL		LEAGL	JE	YOUTH	AL	LIAN	CE	
So	uth East	Pld	w	D	L				
1	Barnet	9	6	2		For	Agt	GD	Pts
2	Milton Keynes Dons	9	5		1	31	24	7	20
3		8		2	2	26	19	7	17
4	Peterborough United	_	4	3	1	18	8	10	15
5	LEYTON ORIENT	7	4	2	1	19	8	11	14
6		10	3	5	2	19	15	4	14
	Northampton Town	10	4	2	4	20	20	0	1000
7	Watford	9	4	1	4	25	22		14
8	Southend United	9	3	3	3	15		3	13
9	AFC Wimbledon	8	2	3	3		19	-4	12
10	Stevenage	10	2	3		9	11	-2	9
11	Cambridge United	9			5	18	21	-3	9
12	Dagenham & Redbridge		2	3	4	12	16	-4	9
13	Gillingham	9	1	3	5	11	28	-17	6
.0	Onnighan	9	1	2	6	13	25	-12	5
									3

U18S REPORTS

ORIENT U18S 1 CAMBRIDGE UTD 1

On the back of last week's defeat at Gillingham, Leyton Orient U18's produced a strong performance as they drew 1-1 against Cambridge United.

Cambridge took the lead on the 11th minute but Christian Owusu pulled the O's level seven minutes later with a well placed strike into the top corner. Despite creating a number of good chances in the second half, a winner eluded the O's as they failed to make their dominance count.

Unbeaten at home this season, Orient found themselves under increased pressure from the visitors early on and Cambridge came within a whisker of taking the lead on after five minutes when George Doyle's sweetly hit volley from the edge of the area crashed back off the bar.

Six minutes later Orient did fall behind however when Jack Cook beat the O's offside trap and crossed for Matt Foy whose effort was kept out by Ben Card, only for Elliott Hogan to score the rebound.

In need of a strong response, Orient soon clicked into their usual passing game and equalised on the 18th minute when Scott Kashket picked out Christian Owusu's run in behind the defence, playing a deft pass into the box to which Owusu claimed his fourth goal of the season with a shot into the top right hand corner.

Three minutes later Orient came close to taking

the lead when Victor Adeboyejo sent a teasing cross towards the lively Owusu but the forward was denied his second of the match as his shot took a deflection and trickled wide of the post.

From the resulting corner O's captain Sam Ling picked the ball up 20-yards out and showed great skill to flick the ball onto his left foot only to see his volley fly wide of the post.



With Orient now well in control of the match, Montel Agyemang was next to threaten the Cambridge goal on the 25th minute when his curling free-kick grazed the top of the bar with U's keeper Josh Banthorpe at full stretch.

Scott Kashket then looked to have given the O's the lead five minutes later when he chipped the ball over Banthorpe from 18-yards but the Cambridge defence got back in the nick of time to scramble his effort off the line.

The start of the second half continued in the same fashion as Orient remained well in control

of the tie, with Owusu and Kashket both being denied from close range.

Adeboyejo then had two chances in quick succession just after the hour mark as he first headed Owusu's cross wide of the post before Banthorpe pushed away a powerful right-footed drive.

Orient's dominance showed no signs of easing as Nick Brown sent a shot over the bar from outside the box before Kashket saw his free-kick tipped round the post on the 77th minute.

Freddy Moncur had a chance to claim the points in added time but the midfielder couldn't keep his composure and blazed the effort over the bar as Orient had to settle for the draw.

Despite not managing to grab the win, academy manager Richard Thomas was delighted with his side's performance.

"Overall, I am pleased with how we played today," said Thomas. "We put everything into practise that we had trained on in the week and worked the counter attack really well. We were punished for a mistake with their goal but responded excellently and created the better chances."

ORIENT: Ben Card, Myles Judd (Sam Alderson 90), Michael Clark, Sam Ling (C), Kane Adams, Scott Kashket, Montel Agyemang, Nick Brown, Freddy Moncur, Christian Owusu, Victor Adeboyejo

SUBS: Harry Andic, Charlie Barker, Josh Koroma

GOAL: Christian Owusu (18)

BOOKINGS: Ben Card (86), Freddy Moncur (87)

inprofile

Ben Card

Goalkeeper

Second-year scholar

How long have you been at Orient?

This is now my second year with the club. I was at Fulham for eight years but wasn't offered a scholarship and then came to Orient.

What would you say your strengths are?

I would say the strong areas of my game are my shot stopping and my technique.

Are there any areas you would like to improve?

I'd like to improve my mobility and speed, which are two things I am currently working on.

What first team player do you look up to the most?

I look up to all of the goalkeepers that are above me. They are the ones that I have to be better than so I am always striving to improve and impress the first team staff.

youthfixtures

LEAGUE FIX	TURES	
Aug Sat 02	Barnet (a)	D3-3
Aug Sat 09	Watford (a)	W2-0
Aug Sat 16	Southend United (a)	L1-2
Aug Tue 19	Northampton Town (a)	W2-1
Aug Sat 23	AFC Wimbledon (h)	W3-0
Aug Sat 30	Stevenage (a)	D3-3
Sep Sat 06	Peterborough United (h) D1-1
Sep Sat 13	Dag & Redb (h)	D1-1
Sep Sat 20	Gillingham (a)	L2-3
Sep Sat 27	Cambridge United (h)	D1-1
Oct Sat 11	Luton Town (h)	10.30am
Oct Sat 18	MK Dons (a)	11am
Oct Sat 25	AFC Wimbledon (a)	
Nov Sat 01	Northampton (h)	10.30am
Nov Sat 08	Peterborough United (a)
Nov Sat 15	Stevenage (h)	10.30am
Nov Sat 22	Gillingham (h)	10.30am
Nov Sat 29	Dag & Red (a)	10.30am
Dec Sat 13	Cambridge United (a)	llam
Dec Sat 20	MK Dons (h)	10.30am
Jan Sat 03	Luton Town (a)	11am
Jan Sat 10	Barnet (h)	10.30am
Jan Sat 17	Watford (h)	10.30am
Jan Sat 24	Southend United (a)	10.30am

youthappearances

LGE GLS	FAC APPS	FAC GLS	YAC APPS	YAC GLS	TOTAL
	0		0		10
	0		0		0
1	0		0		10
	0		0		3 (3)
	0		0		7
	0		0		9
	0		0		1
	0		0		8
	0		0		2(3)
	0		0		10
2	0		0		10
2	0		0		9
1	0		0		9
1	0		0		2(3)
	0		0		0(1)
	0		0		0(2)
Vist	0		0		5(1)
7	0		0		10
4	0		0		5 (5)
	GLS - 1 - 1 2 2 1 1 1 7	GLS APPS - 0 - 0 1 0 - 0 - 0 - 0 - 0 - 0 2 0 1 0 1 0 - 0 1 0 - 0 7 0	GLS APPS GLS - 0 0 0 0 0 0 0 0 0 0 0 1 0	GLS APPS GLS APPS - 0	GLS APPS GLS APPS GLS - 0 - 0 - 0 - 1 0 - 1 0 0 0 0 0 0 0 0 0

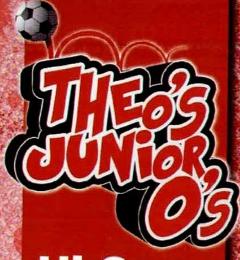
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Hi Guys

Welcome guys, we're back again at the Matchroom Stadium, for what I hope will be our first home win.

Sit tight with regards to your membership packs - more members means a slightly longer wait but we are working hard in our cave to get things ready for you all.

Let's really get behind Kevin and the boys today and show our support by singing out for the lads! Swindon fans promise to be here in numbers so lets out-shout and out-support them and cheer the boys on as they start their march up the table.

UP THE O'S!!!

Theo



MY MAN OF THE MATCH...







WORDSEARCH

FAQXTTSALRNS TWQFCECOWH KNAHDBYEMCOE UQLTAANHTF EOOEHHMDNF QYAOI DONCGT WRONNSNI SLDE NT T PI YHODT WCIZRCOZWU MAHDLOTUNSN TDGHDWOMNDPHELI HGUOROBRETEPEXT HYEOVILTOWNHNE VAQDXDMKXZPCVID

OLDHAM ATHLETIC GILLINGHAM LEYTON ORIENT NOTTS COUNTY

OLDHAM
PETERBOROUGH
PRESTON NORTH END
ROCHDALE

SHEFFIELD UNITED SWINDON TOWN WALSALL YEOVIL TOWN

TODAY'S MASCOTS.



ame: Tyler Snort Lage. 10 chool: Reedings Junior School, Sawbridgeworth avourite Players: Dean Cox & David Mooney

Hobbies and Interests: Minecraft, Lego, Football, Basketball

Name: Millie Harrap Age: 12 School: Sandon School, Chelmsford Favourite Players: Shaun Batt

Hobbies and Interests: Horse-riding, Sea cadets and Choir

Name: Laurie Harrap Age: 9
School: Priory Primary, Chelmsford
Favourite Players: Dean Cox
Hobbies and Interests: Horse-riding, Cubs, Cricket and Gymnastic



SCIENTIFICALLY SPEAKING

O's head of sports science Lee Southernwood continues his column revealing how science is used to support the O's...



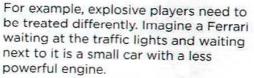
ith no mid-week game scheduled, it has been good to spend some additional time with the players on the training ground and in the gym.

This is the only second time in the opening two months of the season we have had a clear week, so it has been important to maximise the extra time we have had available. This week the players have been undertaking a range of monitoring tests, injury prevention

work and running sessions alongside the key technical and tactical work



Our philosophy at the club is to treat players as individuals, identifying their individual needs and training them appropriately.



When the traffic lights turn green the Ferrari will accelerate quickly and the little car next to him will accelerate slowly. The consequence of this is that the Ferrari will burn more fuel, as when you accelerate quickly you take more fuel out of the tank. Explosive football players are the same, their energy expenditure is higher, so we need to adjust their workload to avoid injury.

EXPLOSIVE

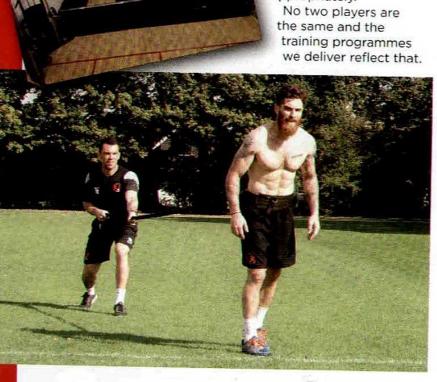
According to Brendan Rogers at Liverpool; this is something England didn't do when Daniel Sturridge was injured recently on international duty. Brendan felt the thigh injury Sturridge picked up could have been avoided by adjusting his session on the second day following the game.

"Had Sturridge been involved in a Liverpool game, he would have only been required to do light running and stretching on what is regarded as a second recovery day" the Anfield boss told talkSPORT. Adding that "with a type of player like Raheem Sterling or Daniel Sturridge, you need to recover them differently".

PROGRAMMES

When devising a programme for a player we must take into account the player's goals, position, age and previous injury history. We always contact a player's previous club to find out how they managed them there and what programmes they have previously undertaken.

All players undergo a thorough screening and testing process including body composition assessment, aerobic



GARY WOODS STRENGTH & CONDITIONING PROGRAMME

Double Leg Hurdle Bounds	4 sets of 5 Hurdles
Medball Slam	3 sets of 6 slams
Lateral Step Up Jumps	3 sets of 4 per leg
TRX Single Arm Row with Rotation	3 sets of 6 each arm
Lateral Bound - Hop - Hop	3 sets of 6

fitness tests, double and single leg power tests and a comprehensive movement screen.

From this process we can see what deficiencies a player has and this determines the pre and post training gym work the players undertake. We monitor the players carefully using heart rate monitors and subjective questionnaires and this allows us to modify training on a daily basis.

We may suggest additional work or pull a player out of part of our session or alter what they do on a particular day. You will find some of the exercises our goalkeeper Gary Woods undertakes to improve his power and core strength on this page. A video of Gary performing the exercises has been uploaded to the official Youtube account at www. youtube.com/OrientOfficial.

GET WELL SOON

We have been very proud of our injury record over the past few seasons and we are constantly striving to try and reduce non-contact and soft tissue injury rates even further.

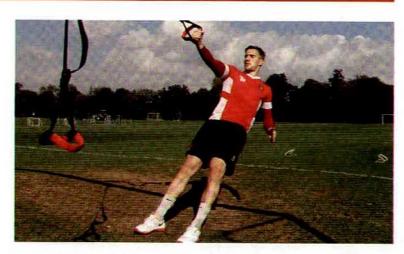
Unfortunately we have a picked up a number of contact injuries in the opening part of the season which has meant we will be missing a few players for a considerable period. We wish Lloyd James a speedy recovery from the displaced fracture of the tibia he suffered last Saturday.

The medical and sports science team will do everything they can to support him throughout his rehabilitation and help him to make a successful return as soon as possible.

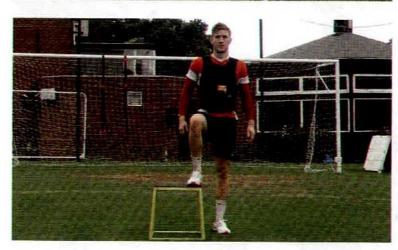
Enjoy the game.

@lee_sout

Disclaimer: Always consult your doctor before beginning any new exercise programme.









Time you won a representative honour?

Probably winning the 'Player of the Year' award when I was playing for my Sunday team, Valley Youth in the Mid-Herts League.

Time you were asked for your autograph?

Good question and I would say it was probably just after breaking into the first team at Wimbledon in my first season there.



Radio station you turn on in the BBC One Extra.

Jamaica.

Time you had an argument with a manager? During my time at Watford with Aidy Boothroyd.

Thing you'd buy if you won the lottery?

I'd buy my Dad a house in

Rule in football you'd change? I'd like to see more video adjudication introduced.

Last app. downloaded? Rules of My Life by Candy

Player you'd take fashion advice from?

Having seen Romain's underwear, I'd have to say







Download on your I-pod? Rick Ross's last album, 'Mastermind'.



Soap you watched? Don't watch any, they are all

Best moment in football so far? There's a few but winning the Championship with Reading is right up there.



I haven't been here too long and it usually takes a while to work out the brain at football clubs.

Pub quiz at your

local, who would

So I have to take a leap of faith and I'll go with our skipper Clarkey.

You are on Mastermind - what is your chosen subject? Football.

What song is currently set to repeat on your I Pod? The Ben E.King song Stand By



Relaxed, hardworking, sense of humour

One ambition you'd love to achieve?

Getting promoted with Orient.

Hobbies away from football? Don't have too much time any more, I've got a little boy called

Josiah who is 16 months old and he takes up a large chunk of my time. If I do get any spare time, I'll probably do a bit of X-Box stuff.

Briefly sum up your career so

Fun, hard work and enjoyable. Funniest thing you've seen on the pitch?

Probably the classic when the physio at Watford came running onto the pitch as fast as he could and fell over getting a complete face of grass and the whole crowd cheered him. That was pretty funny.

Interview: Matt Hiscock



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FROM THE PRESSBOX

DAVE VICTOR

BRCLONDON

I HAVE TO ADMIT THAT UNTIL JONNY DAVIES WAS APPOINTED AS LEYTON ORIENT'S MEDIA MANAGER, THE WORLD OF SOCIAL MEDIA HAD PASSED ME BY.



onny had a clear vision to open up new channels of communication between the club and its supporters. One of his first actions was to take my mobile phone and sign me up to the wonderful world of Twitter and @DulcetDave was born!

Jonny was right, Twitter has transformed my commentaries on Orient Player.

Prior to Jonny's intervention text messages had enabled supporters to give their views during the game, but Twitter has taken this to a new dimension, creating a virtual match-day community, uniting Leyton Orient fans from all around the world.

Real Characters

As you can imagine there are some real characters that make their own unique contribution. Some share unusual and relevant statistics, there's news of differing betting fortunes, I really enjoy the many funny remarks and observations, there's "shout-outs" and even requests for Matt Hiscock and I to sing a song or two, but most express their hopes, fears and excitement.



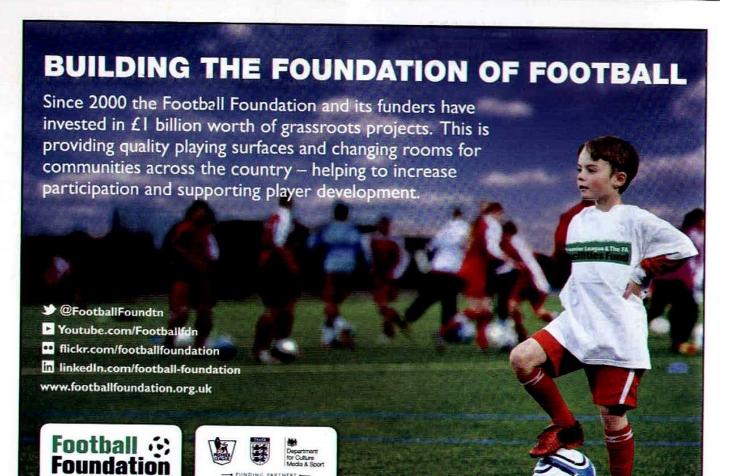
On a personal level, Twitter has provided me with an opportunity to see where in the world my son John is.

His band Gengahr have been on road even more than the O's have been this season.

On Tour

Recently the group had a four day weekend which started on Thursday in Germany, Friday night saw them perform in Amsterdam, Sunday they were in Hull, finishing on Monday night in Wales. All these miles covered by the four band members in a battered old ex Manchester police van. Under the circumstances I can't expect any sympathy about my journeys to places like Fleetwood and Scunthorpe.

I understand that Jonny Davies is a fan of this indie band and has even downloaded their debut single "Powder" from iTunes. If you get a chance please listen, and let this proud old dad know what you think via my Twitter account (@DulcetDave).





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- INFO@KICKITOUT.ORG
- 0800 169 9414

KICKITOUT.ORG

From August 2013 you can report using the Kick It Out app. Download it today.











SIMON HAWKINS

FOOTBALL WRITER AND O'S FAN

IT'S NOT A QUESTION THAT CROPS UP AS OFTEN AS FAVOURITE GOALS OR GAMES, MAYBE, BUT I BET WE CAN ALL REMEMBER OUR FAVOURITE RED CARD AT BRISBANE ROAD.

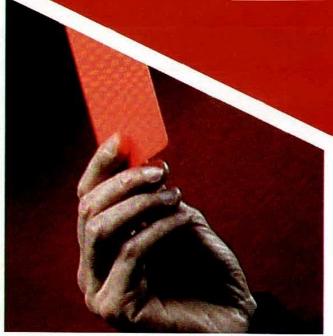


There's something tremendously pantolike about an opposition player getting his marching orders: the ref's dramatic flourish, the walk of shame, then a nice easy win. Or, at least, that's how it used to be.

Pundits often say that it's tough to beat a side who've lost a man, and you can see what happens: the extra space you'd expected to open up actually disappears as the team with ten go into lockdown mode, and if they all give 110%, well, there's your extra player. I wonder if that's where the mathematically-impossible, unique-to-football figure of 110% originally came from, that superhuman surge that the ten men suddenly conjure up, some potent combination of underdog spirit and a righteous fury at the unfairness of it all, however blatant the red card was.

Terribly weary

It's a bit like being in the pub for a dull works do. The beer's not going down well, the conversation "Then the boss goes home. Boom! Instantly there's a spring in every step, hats in the air and it's Mardi Gras in the Dog and Duck."



dried up ages ago and you're all terribly weary, just waiting for a suitable moment to leave. Then the boss goes home. Boom! Instantly there's a spring in every step, hats in the air and it's Mardi Gras in the Dog and Duck. "What a transformation," says the landlord. "They only really got going when they lost a man. That really was a session of two halves."

Orient have also benefitted from this effect over the years. During the Martin Ling era we positively revelled in losing a player, via Lingy's bold method of always leaving two strikers on. Indeed, one of my favourite ten-men games at Brisbane Road was a vital clash with Peterborough, late in the 2005-06 season. O's striker Paul Connor was sent off for a moment of madness after 20 minutes but we hung on, then Wayne Corden wrapped it up with a cracker. Absolute mayhem.

I was co-commentating for the website that day, and we were supposed to leave a few seconds of silence after each goal, so that a nice clean clip could be used on BBC London. Instead, right into the microphone, I screamed "HE WAS ALWAYS GOING TO DO THAT!" I always wondered if that made it onto the airwayes.



NICK ROCHE

INJUSTICE IN FOOTBALL HURTS.
WHATEVER THE COMPETITION OR
THE LEVEL, THE RESULT OF A GAME
OF FOOTBALL SHOULD ALWAYS BE
SETTLED ON THE PITCH, PROVIDING
CLUBS ABIDE BY THE RULES.



ast Tuesday's visitors Sheffield United will doubtless agree, having seen West Ham and the 'Carlos Tevez affair' seemingly rob them of a place in the Premiership in 2007.

Today's visitors Swindon, also had their brush with justice getting demoted from the old First Division for off the field affairs in 1990.

That perceived injustice, although tough, is small compared to what French club Luzenac have gone through in recent months. This small club, based close to the Spanish border, finished second in the 'National' league, getting promoted to Ligue 2, the second tier of French football, for the first time in their history.

Euphoria

The euphoria however proved short-lived when the French Football Federation (FFF) denied them promotion, stating that their ground did not meet the required standards. Luzenac moved swiftly, arranging a ground share with Premiership rugby club Toulouse, and the French First Division club in the same town offered use of its 25,000 capacity stadium whilst the required segregation work was carried out at the rugby ground.

Surely Luzenac could now enjoy their promotion with a seemingly workable solution found? Not for the suits at the FFF who then deemed that the club did not have a workable budget to play in the second-division and that Chateauroux, who finished third from bottom in Ligue 2, would not be relegated, Luzenac challenged this in the courts, and even the French Sports Minister gave



his support. The various court hearings dragged on, with neither party willing to compromise. In the meantime, the 2014-15 season had begun with Luzenac unallocated to either the second or third divisions. With this uncertainty, no players wanted to join in the transfer window, and with other clubs playing in their leagues, no friendlies could be arranged.

Heartache

In early September, the courts finally ruled against Luzenac, however the heartache was not over - with the season 10 games in, Chairmen of the other 'National' clubs voted against reincorporating Luzenac. On 10th September the club announced they were being wound up. Hopefully a 'Phoenix' club will rise from the ashes one day play at a decent level. In the meantime, here's hoping for a home win and Allez les Os!

ALSO COMING UP...

DAGENHAM & REDBRIDGE V LEYTON ORIENT



JOHNSTONE'S PAINT TROPHY Round 2 - Southern Section

Tuesday 07 October 2014. Kick Off 7.30pm SATNAV: RM10 7XL

Tickets for this match are on general sale from the West Stand Ticket Office, online at www.leytonorient.com using the tickets menu or via telephone on 0871 310 1883.

Customer numbers will be required for all tickets when booking to ensure loyalty points are awarded to the correct supporters (3).

Tickets will be available on home matchdays up until 2pm and again after the games.

Tickets will go off sale on Monday 06 October at 4.30pm.

Any tickets ordered after the postal cut off of Friday 03 October at 2pm will be held for collection. Any tickets uncollected from Brisbane Road after 4.30pm on Friday 03 October will be taken to Victoria Road for collection on matchday.

Ticket prices for this match are as follows:

Adults £12.00

Concessions* £8.00

Junior 10-16 £1.00 (In advance only

£5 on matchday)

Under 10 £1.00 (In advance only with full paying Dagadult - £5 on matchday)

*Concessions apply to over 65's, students and registered disabled

Wheelchair Disabled & carer Tickets - Contact Dagenham & Redbridge direct on 0020 8592 1549 Ext 21



SHEFFIELD UNITED VORIENT



SKY BET LEAGUE ONE, Saturday 11 October 2014. Kick Off 3pm

SATNAV: S2 4SU

TICKETS

Tickets for this initially **ALL TICKET** match are on general sale from the West Stand Ticket Office, online at www. leytonorient.com using the tickets menu or via telephone on 0871 310 1883.

Customer numbers will be required for all tickets when booking to ensure loyalty points are awarded to the correct supporters (3).

Tickets will be available on home matchdays until 2pm and again after the game.

Tickets will go off sale on Thursday 09 October at 4.30pm. Any tickets ordered after the postal cut off of Wednesday 08 October at 2pm will be held for collection. Any tickets uncollected from Brisbane Road after 4.30pm on Thursday 09 October will be taken to Bramall Lane for collection on matchday.

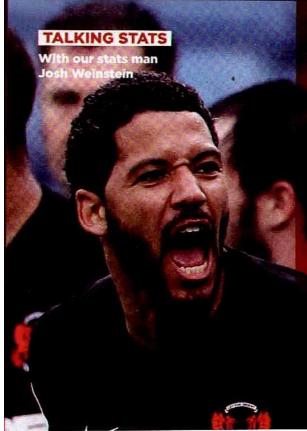
Ticket prices for this match are as follows:

Adults (22-60) £19.50 Seniors (Over 60) £13.00 Students/Young Adults (17-21) £11.00 Juniors (Under 17) £7.50

Ambulant Disabled & Carer & Wheelchair Disabled & carer £13.00

If a decision is made to sell on the day then ticket prices will increase by £2 for adults, £1 for seniors, disabled and students and 50p for juniors

FOR TICKET DETAILS FOR DONCASTER ROVERS head to www.leytonorient.com



HALF CENTURY

Jobi McAnuff needs just one more league goal to reach a career half century, last weekend's goal against Rochdale was his 49th.

PREVIOUSMEETINGS

In their last 12 league games against Swindon Town, Leyton
Orient have picked up 22 points, with an aggregate score of
18-10. The most frequent number of Orient goals scored is 1,
occurring 1/3 of the time, with Swindon scoring 0 goals in 50% of
matches.

PREVIOUSGOALS

Of the current squad, 3 players have scored against Swindon for The O's - Mooney, Cox, and James. Lloyd James is the only one of them to have scored more than one goal, netting a brace of penalties in the most recent fixture, a 2-0 home win in February 2014.

ASSISTINGSTATS

Swindon Town's Nathan Byrne has 5 league assists, the highest in the division. Orient's own Dean Cox is only 1 behind, level with Conor Washington of Peterborough, and Daniel Johnson of Chesterfield.





FIRSTTHISSEASON

Romain Vincelot's goal against Rochdale last weekend was his first in the league this season, although he has scored twice in the Capital One Cup.

TAKING**THE**LEAD

 Orient are yet to score the first goal of a home game this season. The opponents have opened the scoring on 3 occasions, with neither side managing to find the back of the net in the one remaining match. Swindon Town have fared only marginally better on their travels, scoring the opener on only a solitary occasion, with their opponents getting the first goal in each of their other 3 away fixtures.

GETTHEREFIRST

 Across all matches this season, when Swindon scored first, they have gone on to win the game, doing so on 4 occasions, and only conceding 3 goals whilst scoring a total of 13. Leyton Orient are also unbeaten in matches where they've scored the first goal, but have only done so on 2 occasions, winning 1 and drawing the other.

SKY BET LEAGUE 1 2014-15

Team	Pld	W	D	L	GF	GA	GD	Pts
1. Bristol City	10	7	3	0	21	9	12	24
2. Peterboroug	h10	6		3	14	9	5	19
3. SWINDON	9	5	3	1	20	10	10	18
4. MK Dons	9	5		3	23	14	9	16
Rochdale	10	5	1	4	19	11	8	16
6 Preston	9	4	4		16	9	7	16
7. Sheff Utd	9	5	1	3	13	13	0	16
8. Chesterfield	9	4	3	2	16	12	4	15
9. Bradford	10	4	3	3	13	11	2	15
10. Notts Coun	ty10	3	5	2	11	7	4	14
11. Oldham	10	3	5	2	12	11	1	14
12. Fleetwood	10	3	4	3	9	8	1	13
13. Crawley	10	4	1	5	6	12	-6	13
14. Gillingham	10	3	3	4	12	14	-2	12
15. Coventry	10	3	3	4	10	12	-2	12
16. Yeovil	10	3	3	4	10	14	-4	12
17. Walsall	10	2	5	3	9	10	-1	11
18. Doncaster	9	3	2	4	9	14	-5	11
19. ORIENT	9	2	4	3	10	11	-1	10
20. Colchester	10	2	3	5	12	13	-1	9
21. Barnsley	9	2	3	4	13	16	-3	9
22. Port Vale	10	2	3	5	11	17	-6	9
23. Scunthorpe	10	2	1	7	10	23	-13	7
24 Crewe	10			8	8	27	-19	4

1,625

If Orient can record their first home win of the season against Swindon this afternoon it will be their 1,625 victory in all competitions.

TOPSCORER

Swindon's top league goal scorer this season is Andy Williams, with 5 goals in 9 games. Jonathan Obika has scored 4 league goals, but has done so in only 4 appearances, the best rate of any player in the league (min 4 goals).

	Apps(s)	GIS	Assists	Ca	rds	O's career Apps	O's Gls	All-time Apps	All-time Gls
Legzdins	5	0	0	0	0	5	0	150 (4)	0
Omozusi	10	0	0		0	118(10)	0	158(15)	0
Sawyer	2	0	0	0	0	66(6)	1	298(23)	1
Vincelot	10(2)	3	0	3	1	70(5)	4	152(13)	19
Cuthbert	10(1)		0	1	0	121(6)	6	250(11)	12
Baudry	11		0	2	0	89(3)	7	106(10)	8
Cox	8(4)	1	6	0	0	203(19)	47	354(47)	69
James	10	0	2	2	0	94(8)	5	219(33)	10
Lisbie	2(2)	1	0	0	0	105(16)	47	304(171)	113
Mooney	11(1)		0	0	0	117(27)	43	194(40)	68
McAnuff	8(4)	2		1	0	8(4)	2	491(68)	56
Lowry	8(1)	0	0	4	0	8(1)	0	138(7)	2
Batt	1(2)	0	0	0	0	22(37)	12 "	58(109)	21
Clarke	11	0	0	2	0	101(2)	2	443(9)	13
Lee	0(1)	0	0	0	O	0(4)	O	0(4)	O
Pritchard	6(4)				0	6(4)		157(29)	24
Kashket	0	O	0	0	0	0	0	0	0
Bartley	4(1)	0	0		0	16(18)	2	157(79)	8
Grainger	0	0	0	0	0	0	0	O	O
Nikolaou	0	0	0	0	0	0	0	0	0
Dagnall	5(2)	3		0	0	16(13)	10	284(107)	103
Henderson	6(4)	3	2		0	6(4)	3	295(155)	124
Simpson	4(7)	0	0	0	0	4(7)	0	158(63)	42
Woods	8	0	0	0	0	8	0	89(1)	C

LEYTON ORIENT KIT SPONSORS 2014-15



Kevin Nugent

HOME: Rachel Matthews & Keith Utting AWAY: Lucy, Anna and James Conway BOOTS: Geoff Marshall



Kevin Dearden

Barnes Solicitors



Adrian **Martin**

FULL KIT:



1. Adam Legzdins

HOME: Bexleyheath Osteopathic Practice 020 8298 7122 AWAY: Re-think Productivity BOOTS: Daniel Utting-Johnson



2. Elliot Omozusi

HOME: Karren, Peter, Polly and Arthur AWAY: James Foss Estate Agents 020 8984 0066 THIRD: PB Decor 07966 912680 BOOTS: Marilyn and Tracy Webber



Gary Sawyer

HOME: Available AWAY: Available BOOTS: Robert Graham



4. Romain Vincelot

HOME: Stephen Dearing Wet & Dry Connections AWAY: Christine Rainbird THIRD: Dan Shannon BOOTS: Laurie and Adam



5. Scott Cuthbert

FULL KIT:

Keithan Motor Services Ltd



Mathieu Baudry

FULL KIT:
IBD (International
Big Dogs)
#spreadingpositivityandbanter



7. Dean Cox

FULL KIT:

OSBORNES ACCOUNTANTS LIMITED



8. Lloyd James

HOME: George and Vera AWAY: Eagle Orchid Management Services Ltd THIRD: Charles Herrington BOOTS: Julian & Jay Lillington, Caroline Burkinshaw



Kevin Lisbie

HOME: John Box AWAY: Christine Rainbird THIRD: Barry & Pauline Parkes BOOTS: Pauline & Aseea Coombs



10. David Mooney

HOME: Trevor Putz AWAY: TK Construction THIRD: First Class Facilities Management BOOTS: Josh Landy and Josh Caplin



11. Jobi McAnuff

HOME: Ivor Epstein AWAY: Shaun Bird BOOTS: Roger and Lucy Webber



12. Shane Lowry

FULL KIT:



14. Shaun Batt

FULL KIT:



15. Nathan Clarke

FULL KIT:

Nigel Diane and Dawn Smith, John and Laura Watkins



16. Harry Lee

HOME: Available AWAY: Available BOOTS: Available



18. Bradley Pritchard

HOME: Toner Inc AWAY: John Lorraine and Rob Matthews BOOTS: Barry Galvin



20. Marvin Bartley

HOME: Larry Peterson AWAY: Available BOOTS: Available



Charlie Grainger

HOME: Available AWAY: Available BOOTS: Available



22. Andis Nikolaou

FULL KIT:





23. Chris Dagnall

re think



24. Darius Henderson

HOME & AWAY:
Seriberia
BOOTS: Cooper Paul
Chartered Accountants
Loughton



27. Jay Simpson

HOME: Icelandic Supporters AWAY: Nandos BOOTS: The Miller Family



Gary Woods

HOME: Available AWAY: Hosts International BOOTS: Geoff Marshall

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THE WEMBLEY DREAM BEGINS AGAIN FOR LOCAL SCHOOLS



ALTHOUGH THE O'S
PLAY-OFF FINAL AGAINST
ROTHERHAM MAY BE
REMEMBERED FOR THE
WRONG REASONS, THERE
WAS CERTAINLY CAUSE
FOR CELEBRATION
EARLIER IN THE DAY
WHEN CHASE LANE
PRIMARY SCHOOL FROM
CHINGFORD DEFEATED
NOTTINGHAM PRIMARY
IN THE FINAL OF THE
PRESTIGIOUS FOOTBALL
LEAGUE KIDS CUP.



Over 2000 schools had entered the competition representing every league club across the country and after successfully overcoming the Club and Regional stages, the ultimate dream prize of playing the final on the hallowed turf of Wembley Stadium became reality.

A single goal scored by Demaray Anaydike midway through the second half was enough for the team representing the O's to win the match and allow the players the privilage of making the long walk up the famous stadium stairs to receive the Kids Cup trophy on Wembley's royal balcony.

Demaray's dad Tony said afterwards, "It's an amazing occasion and it's a dream for a child of 10 or 11 to play at Wembley, I'm so proud".

And team coach Tyrone
Hercules commented, "The
whole atmosphere and support
was fantastic. It was emotional
for me. To say that you are the
best Year 6 team in the country
is incredible. Just getting to
Wembley would have been good
enough but I always knew we had
a good chance of winning".

And now, the whole thing starts again across the country, each league club hosting its Club competition to find the school who will be representing them this season.

Howard Gould, Levton Orient Community Liaison Officer, said, "The Wembley experience was unbelievable. A stadium tour was included in the prize and we were in the adjacent changing room to the O's first team, so all a bit surreal. The whole journey was incredible. I remember the buzz around the teams when I announced at the initial first stage Club tournament that the winners would go on to represent Leyton Orient with a chance of playing at Wembley, but to go on and win the whole thing - I was so proud of them!"

This season's Club round takes



place at 12pm on the Score Leisure Centre's 3G pitch opposite the Matchroom Stadium prior to the home game with Swindon Town on Saturday, October 4th.

Howard added, "Sixteen teams from across the local boroughs and beyond have made it to compete to see who will be the O's representatives this year and they know they have the ultimate challenge. The football is a good standard with quite a few of the player's already at academies so it should be an exciting tournament. I'm looking forward to it and hopefully another Wembley appearance!"



Spectators welcome.
Schools participating are:
Aldersbrook, Yardley, Curwen,
South Grove, Larkswood,
Potter Street, Loyola, Ashford,
Whitebridge, Sybourn, Henry
Maynard, Glade, Henry Moore, St.
John Fisher, Chase Lane and St.
Andrews. Good luck them to them
all.









positive futures >>>



AS SEEN ON...

We review all the comings and goings on social media in the last couple of days...



Twitter
This
week...

Luke @lukebr1998

Me and all the orient fans are thinking of you @lloydjames23 get well soon bro, big miss to the team @leytonorientfc

Janine Adelman @JanineAdelman @leytonorientfc such a shame as @ Iloydjames23 you were having a great season. Wishing you a speedy recovery and you make it back soon

lan McKinney @Skininho

@leytonorientfc don't suppose anyone might have found a set of car keys in the south stand? Ford.

The E10Mess Podcast @E10Mess

We wanna win this baby! @TheFBAs http://www.footballbloggingawards. co.uk/vote-now/ vote forE10 Mess as best football podcast in the awards: let's win for Orient! #lofc

MESSAGES

 We are joined again today by Risden Wood Youth FC who are regular visitors to the Matchroom Stadium as a squad - the U11's as they now are, have been here as U10's, U9's, U8's and U7's!!!

Definitely the next generation of O's fans! Risden Wood Youth is an FA Charter Standard Club based in Harlow fielding multiple youth teams across all ages in Essex and Herts Leagues."



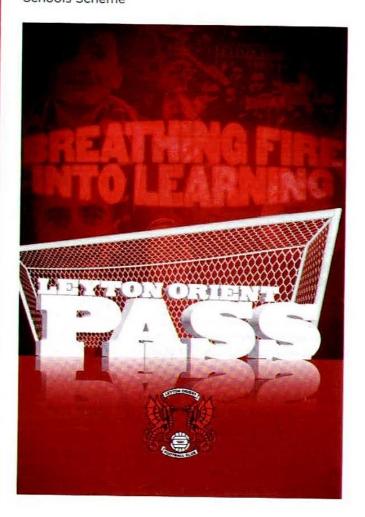
INTHEDIARY

OCTOBER

Wednesday Gary Woods' birthday

Thursday
Nathan Clarke
visits Aldersbrook
Primary School as part
of the Leyton Orient
Parternship of Associated
Schools Scheme







www.facebook.com/lofcofficial

THE NOTICE BOARD



Friday Kevin Lisbie's birthday

Saturday Game v MK Dons will be our designate game in support of the Kick It Out campaign



Saturday Football League kids cup hosted at the SCORE Centre opposite the ground featuring teams from local schools 12-2pm. The winners will represent Orient on the road to Wembley

Thursday David Mooney and Chris Dagnall visit St. Joseph's Hospice

Saturday Johnstone's Paint Trophy Area Quarter Finals

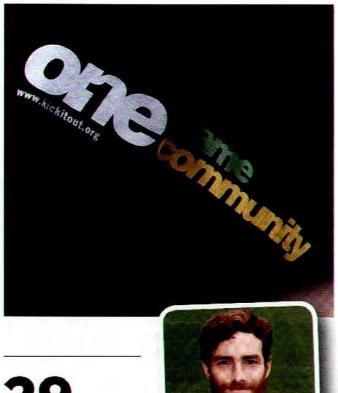


David Mooney's

Thursday birthday

Wednesday Romain Vincelot's

birthday



Thursday Coping Through Football tournament at the SCORE Centre to celebrate World Mental Health Day



www.youtube.com/OrientOfficial



Follow us on Instagram

@leytonorientfc

FOR THE RECORD

_		
	Cto	
	Sta	TAG

Started and Substituted

▲ Used Substitute

Unused Substitute

1 Scored

Date	Opponent	KO/Res	Att (away)							- 800		-			-			-
Sat 09 Aug	Chesterfield	L1-2	5,619 (841)									A	C	B				
Tue 12 Aug	Plymouth CC1	D3-3*	3,343 (141)	107			C1	100	1	A1	C	В			E	A		
Sat 16 Aug	Oldham	W3-1	3,754 (193)			-					- 25	81	1	A				
Tue 19 Aug	Bristol City	D0-0	11,692 (334)			I						A	C	B	E			
Sat 23 Aug	Walsall	D0-0	4,400 (225)			5					C		A		-			
Wed 27 Aug	Aston Villa CC2	W1-0	17,918 (976)			A	CI	A					В					
Sat 30 Aug	Fleetwood	D1-1	3,222 (434)		B			-						A	В			
Tue 2 Sep	Peterborough JPT1	W3-2	3,149 (166)								A			A				
Sat 13 Sep	Colchester	L0-2	5,313 (711)		展			C		A				8		B		
Tue 16 Sep	Notts County	D1-1	4,024 (311)							A			В			-		
Sat 20 Sep	Scunthorpe	W2-1	3,264 (261)					1	W	C			100	A1		C		
Tue 23 Sep	Sheff Utd CAP3	LO-1	3,223 (715)					A		В			C					
Sat 27 Sep	Rochdale	L2-3	4,405 (328)				1				A		C	C1		В	6	
Sat 04 Oct	Swindon	15:00																
Tue 7 Oct	Dag & Red JPT2	19:30												II NO				
Sat 11 Oct	Chaffilled	15.00																

Adam **LEGZDINS**

Elliot OMOZUSI

Gary SAWYER

Romain VINCELOT

Scott CUTHBERT

Mathieu BAUDRY

Nathan CLARKE

David MOONEY

Lloyd JAMES Kevin LISBIE

Dean Cox

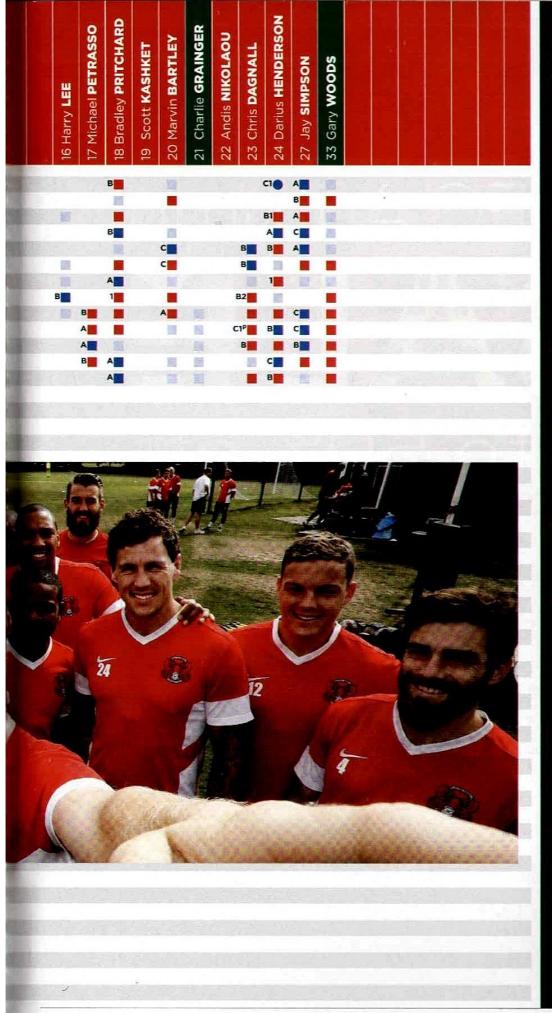
Jobi MCANUFF

Shane LOWRY

Shaun BATT







Together we can make Brisbane Road a safe and welcoming environment for everyone...

CUSTOMER SERVICE

Should you have any issues, concerns or queries please contact your nearest steward who will assist you. Every steward has a number on their jacket to assist with feedback. A team of dedicated customer service stewards are also now available to deal with any queries.

Stadium Manager

TEXTING SERVICE 07776 228 298

Foul, abusive and racist language will not be tolerated in this stadium. You do not have to put up with mindless behaviour or let it spoil your day. You can approach the nearest steward to report an incident, or text directly to the control room and let us deal with it from there. It is better for us to monitor the situation as it is happening rather than after the event.

PERSISTENT STANDING

Whilst the club appreciates there will be times when fans will stand up periodically through the match, this issue relates to fans who persistently stand during games. We ask that you consider the fans behind you, the elderly and the young and those who cannot stand for prolonged periods of time. The club is monitored on a regular basis by the Local Authority. This is an all seater stadium and persistent standing is not permitted

NO SMOKING -FOR YOUR SAFETY

It is against the law to smoke at this venue. Spectators are requested not to smoke at any time and safety stewards are authorised to ask any person found smoking to leave the stadium. The use of electronic cigarettes is not allowed in the stadium.

GROUND REGULATIONS

Please be aware that these are posted around the stadium. Ground Regulations exist for the well being and safety of all supporters attending Brisbane Road on a match day.

EMERGENCY EVACUATION

In the event of an emergency within the stadium spectators should remain in their positions and listen carefully to the loud speaker announcements that will be made. The announcements may direct spectators to exit gates or emergency exits onto the pitch. In all cases the stewards will direct spectators to the relevant points. If spectators are requested to vacate they are asked to do so calmly and quickly to assist with safe evacuation.

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OFFICIALS

REFEREE

Tim Robinson

ASSISTANT REFEREES

Mathew Buonassisi & Amy Fearn

FOURTH OFFICIAL

Graham Kane

COMING UP...



Following today's game,
Orient make the short trip
to Dagenham & Redbridge
on Tuesday night for a
second round tie in the
Johnstone's Paint Trophy
and then travel to Sheffield
United next weekend,
before returning here on
Saturday, October 18, when
MK Dons are the visitors.

Karl Robinson's side are currently fourth in the table with 16 points from nine games.

TODAY'S FIXTURES

SKY BET LEAGUE 1

Saturday, October 4
(All games kick-off at 3pm
unless stated)
Chesterfield v Sheffield (1pm)
Bradford City v Crewe
Coventry City v Crawley
Fleetwood v Port Vale
Leyton Orient v Swindon
Notts County v Gillingham
Peterborough v Oldham
Preston v Colchester United
Rochdale v Barnsley
Scunthorpe v Doncaster
Walsall v Bristol City
Yeovil v MK Dons

TODAY'S SPONSORS

Match Sponsor





LEYTON ORIENT

COLOURS: Red & White

	1	Adam Legzdins	
-	2	Elliot Omozusi	
-	3	Gary Sawyer	
	4	Romain Vincelot	
\times	5	Scott Cuthbert	
	6	Mathieu Baudry	
+	7	Dean Cox	
76	8	Lloyd James	
\times	9	Kevin Lisbie	
	10	David Mooney	
\times	11	Jobi McAnuff	
**	12	Shane Lowry	
+	14	Shaun Batt	
H	15	Nathan Clarke	
	16	Harry Lee	
÷	17	Michael Petrasso	
	18	Bradley Pritchard	
-	19	Scott Kashket	
-	20	Marvin Bartley	
	21	Charlie Grainger	
*	22	Andis Nikolaou	
	23	Chris Dagnall	
	24	Darius Henderson	
-	27	Jay Simpson	
+	33	Gary Woods	



SWINDON TOWN

COLOURS: White & Black

COLO	ORS. V	VIIILE & DIBCK	
-	1	Wes Foderingham	
H	2	Nathan Thompson	
	3	Nathan Byrne	
***	4	Massimo Luongo	
-	5	Jack Stephens	
-	6	Jordan Turnbull	
=	7	Ben Gladwin	
0 = 0 0	8	Yaser Kasim	
	9	Michael Smith	
-	10	Andy Williams	
H	11	Bradley Smith	
	12	Amari'l Bell	
	14	Jake Reeves	
-	16	Connor Waldon	
	17	Ryan Harley	
H	18	George Barker	
	19	Louis Thompson	
-	20	Jonathan Obika	
	21	Matt Jones	
-	22	Darren Ward	
	23	Jack Barthram	
	24	Curtis Da Costa	
-	25	Tyrell Belford	
	26	Anton Rodgers	
-	27	Josue Antonio	
=	29	Raphael Branco	
=	30	Harry Agombar	